

intra**ce**uticals

it's in the skin



PLATINUM

SPAS

CL's discriminating spa-goers are a savvy bunch. They want an exceptional treatment that goes beyond skin deep, and these top-notch spas certainly deliver. BY TANVI CHHEDA



From Tucson to Thailand, luxury spas are seeing guests that want more than just an hour-long, feel-good treatment. Today's spa-goers are highly aware of their skin and body and are looking for health and therapeutic benefits that last longer and will help them live better.

"Guests are realizing that massage is more than a pampering experience and can provide tangible health benefits," says Ken Morris, spa director at **CANYON RANCH IN TUCSON** (which ranked No. 1). "This means an increased demand in services such as Connective Tissue Rebalancing, Neuromuscular Therapy, Rejuvenating Waters, and Ashiatsu. All of these address fascia or connective tissue in different ways to help guests feel better long after they've left the treatment room."

In Hawaii, at the **WAIHUA SPA AT THE RITZ-CARLTON, KAPALUA**, spa director Douglas Piil echoes that senti-

ment. "Guests are very savvy when it comes to skin care, and their knowledge base is far more extensive these days; they ask in-depth questions about product ingredients and protocols. Our guests crave skin-care education on a whole new level."

Intra**ce**uticals is available at the highlighted locations

SPAS

Top 10 U.S.

1. **Canyon Ranch in Tucson, Arizona** (800) 742-9000, canyonranch.com
2. **Waihua Spa at The Ritz-Carlton, Kapalua, Maui, Hawaii** (808) 669-6200, ritzcarlton.com/kapalua
3. **Agua Spa at Delano, Miami Beach** (305) 672-2000, delano-hotel.com
4. **Lake Austin Spa Resort, Austin, Texas** (800) 847-5637, lakeaustin.com
5. **The Spa at JW Marriott Camelback Inn Resort & Spa, Scottsdale, Arizona** (800) 582-2169, camelbackinn.com
6. **Canyon Ranch Hotel & Spa, Miami Beach** (800) 742-9000, canyonranch.com/miamibeach
7. **Hualalai Sports Club and Spa at Four Seasons Resort Hualalai at Historic Ka'upulehu, Kailua-Kona, Hawaii** (888) 340-5662, fourseasons.com/hualalai
8. **The Spa at The Grand Del Mar, San Diego** (858) 314-2000, thegranddelmar.com
9. **Golden Door, Escondido, California** (800) 424-0777, goldendoor.com
10. **Miraval Arizona Resort & Spa, Tucson** (800) 232-3969, miravalresorts.com

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