

LET YOUR SKIN GLOW

There are some very busy, hard working women at Quintessentially HQ and if you are anything like us, you'll know that one thing we all wish we had more time to spend on is looking after our skin.

But after a day of several strong coffees, rainy London weather, central heating, and (prepare for it) the Tube, our skin is dehydrated, dry and looking as tired as we are feeling.

So in the name of research we sent our Insider beauty experts to three of London's top spa's to experience the ultimate in radiance boosting skin care...

2. [Intraceuticals](#) Oxygen Infusion Facial



Other than being super models, Miranda Kerr, Jessica Stam and Bar Refaeli have one very big thing in common – they are all devotees of the [Intraceuticals](#) Oxygen Infusion Facial. With a place back stage at every major fashion week and pop stars concert, [Intraceuticals](#) Oxygen Facial is doing for skincare what Madonna did for girl power (ps. Madge is a fan too).

"The results are instantaneous; our skin looked plumper, firmer and was visibly glowing."

Firstly our facialist examined our skin to see which of the [Intraceuticals](#) Oxygen infusions we would benefit from; our dry winter skin needed a mixture of the Opulence (to brighten, balance and smooth) and the Clarity (to clear, refine and calm). After a thorough cleanse with a Clarisonic cleansing brush (another facial wonder product) our skin was pumped full of hyperbaric oxygen along with Hyaluronic Acid that is designed to deliver the specially formulated infusion mixture into the skin's deeper layers. Using a tiny air brush the process is pain free and actually very relaxing (albeit a little tickly at times).

The results are instantaneous; our skin looked plumper, firmer and was visibly glowing.

Insider Tip: You can apply make-up right away after your treatment, leaving you red carpet ready in an instant.

[Intraceuticals](#) Oxygen Infusion Facial, 1 hour, GBP 150, www.intraceuticals.com